



THE GOOD SHEPHERD PARISH

Annual General Meeting Report 2015

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1. Baptism Preparation Program, October 2014- October 2015

The baptismal preparation program at Good Shepherd Parish continued under the guidance of David Bourrier and Gillian Keenan with Deacon Wayne Lee celebrating the Sacrament. In the event that Deacon Wayne was not available, Father Shroff would fill in. The baptisms were performed on the last Saturdays of each month and on average, there were six children baptized. The majority of those receiving the Sacrament were infants. On a number of occasions, special circumstances meant that requests were made for private baptisms and whenever possible, Deacon Wayne accommodated these requests. There were 62 baptisms celebrated at our parish throughout the last year.

As of July, the format for the program changed, we added a second meeting in order to increase the time of instruction and to allow for more of an opportunity for fellowship. This seems to have been a positive change and attendance at both meetings has been strong. Going forward, David will be leading the ministry and there may be further changes.

Respectfully submitted,

Gillian Keenan

2. Catechesis of the Good Shepherd (CGS)

CGS Catechists: Sarah MacDonald McLean and Beth Jaz

CGS is a Christocentric program that introduces children to biblical and sacramental themes in a way that embraces their youth, joy and capacity for prayer. The program takes place in a Montessori environment called an atrium. Over the past several months, an atrium has been prayerfully set up in the basement of the rectory. The atrium is full of child-sized materials that children work with during the weekly CGS sessions. The program builds week to week on liturgical, biblical and sacramental themes in a way that embraces the children's youth and capacity for prayer.

The Good Shepherd Parish is currently offering Level 1 of the CGS program which welcomes children ages 3, 4 and 5. It is anticipated that in the coming years, Levels 2 and 3 of the CGS program will also be offered. These upper levels welcome children ages 6 – 12.

Level 1 sessions began mid-October and the catechists were happy to welcome 19 children (from 14 families) – 11 children join the Thursday morning sessions and 8 children join the Saturday morning sessions. Sessions run through to April 2016. During the last session of the year, the catechists and children reflect upon the gifts of the Holy Spirit during a beautiful Pentecost celebration.

The catechists feel so blessed to be working with the children in the atrium and to be helping them discover the beauty of their relationship with God.

Beth Jaz and Sarah MacDonald McLean

3. Community Life 2015

Over the past 4 years I have welcomed new parishioners to GS.

Remember not everyone registers with us so when we receive a completed registration form or donation I follow up with a phone call to ensure to welcome them to our parish

- help with community needs if required.
- review information given and complete for our records.
- help with donation if requested
- Ask and/or encourage ministry involvement.
- followup if necessary
- try to arrange to meet at mass.

As mentioned, there are many parishioners who attend mass but have not registered, I make an effort to introduce myself to anyone I do not recognize which leads to getting that person to register and/or meet someone new in our parish family.

Respectfully Submitted

Hilary Als

4. Cursillo Report

This report is just to announce that The Women's Cursillo weekend is November 12th to 15th and the men's is two weeks later on November 26th to 29th. I will be announcing this at every mass the week of Oct. 31st and Nov. 1 2015. It will be held at the Notre Dame de la Providence Convent on St-Joseph Boulevard.

Also, Good Shepherd Parish has been selected to Host our December Grand Ultreya. This means that all the Parishes involved in Cursillo can come and listen our speakers about Cursillo. There is no cost involved from the Parish just the Cursillo Secretariat takes care of all refreshments.

This event will be announced in the Bulletin at end of November. The Grand Ultreya is December 2, on a Wednesday.

I believe this covers this year's report, as nothing is scheduled for 2016 as of yet.

Respectfully submitted

Helen Lemoire

The Good Shepherd Cursillo Representative.

5. Knights of Columbus Report 2015-10-05

The current calendar year has seen some changes to the Executive of Good Shepherd Parish's Knights of Columbus Council. The Council operates on a Fraternal calendar year from July to June. And at the end of the 2014-2015 year, a new Grand Knight and Deputy Grand Knight were elected. Most of the remaining Executive positions retain the same personnel.

Mike Goulet replaces Gary MacKenzie as Grand Knight, and Wilf Lemoire now occupies the position of Deputy Grand Knight.

Under Gary MacKenzie the Council had another successful year raising significant funds for multiple charitable purposes and organizations, and to pro-life causes. These funds were raised through programs, functions and special events, as follows:

- The Christmas Charity Auction raised enough money to acquire Christmas food hampers for approximately 35 needy families in the area.
- Proceeds from Parish Breakfasts and the Shrove Tuesday Pancake Dinner are either designated for specific charities or to provide funds to our seminarians.
- The Rona "5% discount card" program continues to provide a return to us which is then allocated to the KofC Coats for Kids initiative enabling children to have warm clothing for the winter.
- The Parish Garage Sale is a major activity that is supported by both the Knights and the CWL – each sharing the proceeds individually; as well as providing an equal portion to the local food bank.
- Pro-life causes include the Miriam Centre and Youville Centre, and our annual Rose Sunday mass.
- Bursaries are made available to Catholic students graduating from Lester B. Pearson.

The KofC requires all Councils to maintain two separate accounts, one for operating, and another for charitable funds. Councils are to preserve only the minimum balance needed to operate, all remaining funds are then allocated to the charity account. Council 9005 follows this practice.

Council members can be seen participating in all official Knights functions, but they will also be noticed assisting in many church events and ministries. These include

- Mass ushers, Eucharistic Ministers, readers and choir members.
- Helping prepare the church for numerous functions & gatherings; and helping with cleaning and maintenance tasks associated with floors, chairs and lighting.
- Internal/external decorating for Christmas; along with parking control at Christmas masses.
- Taking part in the annual 40 Days for Life campaign.

This Council manages a complete calendar of programs, functions and events. Its members volunteer a substantial amount of their time to ensure the success of that calendar and the raising of charitable funds. This report has highlighted some of the higher profile activities we support, but has not listed all.

The new Executive leadership has already established the calendar for the 2015-2016 Fraternal year, repeating, and hopefully improving upon, the successful programs of past years.

Mike Goulet

Grand Knight – Council 9005

6. Legion Of Mary

Active members: 5

Auxiliary (praying) members: 65

Since starting as a Praesidium in 2009 we have been assigned the duty to evangelize within our parish by means of Spiritual Works of Mercy:

- Coordinate of five hours of Eucharistic Adoration on the First Friday of each month as well as on the feasts of the Assumption and the Sacred Heart;
- Divine Mercy Devotions are led every Friday at 3PM; and
- Divine Mercy Novena pamphlets were provided to the parish so that the Divine Mercy Novena could be completed. On Divine Mercy Sunday, members helped to organize Divine Mercy Devotions.
- A Legion of Mary information stand is supplied with rosaries, Miraculous Medals, Catholic literature and Legion of Mary information.
- A lending Library is maintained, which includes books and audiovisual material for all age groups.
- 600 laminated wallet cards stating: "I am a Catholic, in case of an accident please call a Priest" were distributed within the parish
- The rosary is led before weekday and First Saturday masses.

We visit the AMICA seniors' residence weekly to pray the rosary with residents. Increasing the residents have taken responsibility to lead decades of the Rosary, to read or otherwise assist Father Shroff or Deacon Lee during the mass or Liturgy of the Word. We provide the parish bulletins and religious literature to the residents.

The 2013 assignment to establish a rosary group at a Blackburn Lodge Seniors Residence proved successful when the leader of the group advised us that our presence is no longer needed as the group is steadfast in meeting to say the rosary before weekly masses or Liturgical celebrations.

Pro-life educational work

- Spiritual Adoption Program
- pro-life corner in the bulletin
- provide pro-life literature
- coordinate parish day at the 40 Days for Life Campaign

7. The Good Shepherd Liturgical Committee Report

Meetings: The Liturgy Committee meets four times between November and May. The meetings are mainly to plan for and discuss the upcoming Liturgical Celebrations. In November we plan for Advent and Christmas. In January we evaluate and discuss changes that may enhance the Christmas Liturgies. We meet again before and after Easter. Besides Easter week and the Triduum, there are the Sacraments of First Holy Communion and Confirmation as well as Baptisms, Weddings, Funerals, School Masses and Retirement Homes that require liturgical assistance.

Composition: There are presently eight Ministries involved in Liturgy:

The people who make up the Liturgy Committee, must work together as a unit to ensure that major Liturgical celebrations and Sunday masses run smoothly. Individual Ministries do not exist in isolation. If only one of these Ministry Coordinators does not ensure that their ministry is functioning effectively.....it affects not only the other Ministries, but the Priest, Deacon and every person who comes to mass. Many people take for granted that there will be music, altar servers, communion ministers, lectors etc..... ...not to mention a sacristan who works quietly behind the scenes - ensuring that everything is in place. With that in mind I would like to acknowledge and thank each and every one of our Liturgical Coordinators

Extraordinary Ministers of Communion -Barb Paquette

Music Ministry- Steve Chow

Lectors - Marilyn Olsen

Liturgical Decorations – Adele Pierce

Altar Servers - Anne Gannon

Children's Liturgy - Danielle Bennett

Sacristan - Doug Campbell

Ushers - Dennis Rideout

Concerns

Volunteer Recruitment:

- More volunteers are needed.
- When can we expect a Time and Talent weekend.

The Good Shepherd Website:

- Responsible Ministry and Outdoor Environment are not ministries under Liturgy,
- The Liturgy Chair should be listed

Questions Regarding the Constitution:

- When was the last revision of Constitution and By-Laws (1996?)
- Up to date version of By-Laws needed
- For guidelines, responsibilities and composition of Committees established by the Constitution of our Parish.

Establish a Budget for Liturgy

A preview of all previous budgets combining all Liturgical Ministries would be helpful

Thank you for the opportunity to present to the Parish, the role, responsibilities and needs of the Ministries that make up the Liturgical Committee.

Following are Ministry Reports submitted by Ministry Coordinators

Alma Haggart, Liturgical Chair, October 20, 2015
The Good Shepherd Parish

a. Altar Serving Ministry

Our ministry consists of 2 coordinators: Anne Gannon (administrative) and Nicholas Ali (training), 26 youth and 2 parent assistants: Maria Almonte and Ernest El Zarka. Each of the coordinators have distinct roles. Anne's role is to maintain records of current altar servers (including contact information, availability, roles they are trained for, and their attendance at monthly practices); liaise with the office administration to ensure practices do not overlap with other ministries' activities; schedule the altar servers for the 3 Masses held each weekend (this is done on a monthly basis); distribute training material to the servers; and attend monthly practices with the servers. Nicholas' role is to train the servers in the roles of an altar server at monthly practices. Nicholas plans and implements the activities at the practices to best teach the roles of the servers.

In order for the ministry to function best, a minimum of 4 servers at each Mass is required: a Master of Ceremonies (MC), a cross bearer and two acolytes. On special feast days, an additional server to serve as thurifer is needed and we currently have only 1 server who is trained to fill this role. At present, we have a shortage of servers to fill the above-mentioned roles, particularly at the 5 PM Mass. The 5 PM Mass currently has servers on the first Saturday of the month only, and has traditionally been the most difficult Mass to get servers for. The 9 AM Mass is running at the minimum number of servers to fill all roles each Sunday and could thus benefit from more servers as well. The 11:15 AM Mass has the most servers who attend that Mass, and thus generally has no shortage of servers to fill each role.

We run one training session per month from September to June, with an additional two practices the week prior to Holy Week, to ensure that any changes to the liturgy are communicated to the servers as quickly as possible. Also, we request that servers attend as often as possible since it is easy, especially for those serving less often, to forget the steps involved in the roles they are assigned if they are not performing them often. The steps for preparing prior to Mass are posted in the Sacristy in case any server is unsure of what they are supposed to do. Additionally, they have been instructed to ask the server assigned to the role of MC if they are unsure of anything as that server is the most experienced server that day. Last February, we ran an all-day workshop for the servers, which was very well-attended. The workshop included an in-depth look at all server responsibilities, as well as team-building activities and educational activities on why certain things are done during the Mass.

At the 9 AM Mass, we have enlisted the help of two parents, Maria and Ernest. They will be helping the servers prepare for Mass to ensure that there is nothing forgotten. They will commence this role in November. Lastly, one of the mothers of a server, Chantal Alden, has graciously offered to launder the robes for us. She does so periodically and we are very grateful to her for this.

We have lost 12 servers this past year and gained seven. While the majority of these losses have been to moves, several have been due to servers deciding that they are ready for a different ministry. As more of our servers are nearing the end of high school, they, too, will likely be leaving the ministry and it is our hope that we will be able to attract and train new servers to take their place so that their loss will not be felt too strongly.

Summary of Altar Servers Ministry

- Coordinators: Administrative - Anne Gannon - Training - Nicholas Ali
- 26 youth volunteers, 2 adult assistants and 1 adult to launder robes

Anne - attends monthly training with servers; makes monthly schedules, tracks server availability takes attendance at training, liaise with parish, distribute training material, reports to and attends Liturgy Committee meetings

Nicholas plans and implements monthly training sessions from Sept to June Two extra training session are added before Easter All day work shop in February

Volunteers Needed

- Two parent have volunteers to supervise at 9 am mass...thank you - Maria and Ernest!
- Chantal Alden has volunteered to launder the robesthank you Chantal!
- A minimum of 4 servers required at each mass
- Presently at the 5 pm mass there is a shortage of servers to fill all the roles
- The 9 am mass has the minimum number required but could benefit from more servers
- At the 11 am mass there is no shortage of servers
- We have lost 12 servers and gained 7we need more servers!

Anne Gannon

b. Children's Liturgy

Children's Liturgy is provided at the 9 AM and 11 Am masses on three Sundays each month.

Presently, Children's Liturgy has sufficient volunteers so that each leader is scheduled to lead one Liturgy for the children at a dedicated mass each month.

At this time there is nothing required from a budget point of view. The modest supplies that I purchase I consider a "gift" to the church.

Danielle Bennet

c. Extraordinary Ministers of Holy Communion

The Ministry for Extraordinary Ministers of Holy Communion is in great need of new volunteers.

This Ministry has lost 8 people since March of this year. Some have left because of moves and others for personal reasons.

I had been hoping that our Time and Talent day, which was usually in September, would have filled these positions.

At this late date new members may not be ready for the busy season of Christmas. We may have a shortfall of people to serve over the holidays.

Barb Paquette

d. Lector Ministry

Presently there are 48 ministers who proclaim the Word or take the role of Moderator at the regularly scheduled Sunday Masses, all on a monthly 4-week rotation. There are an additional five (5) persons who have offered to serve occasionally and are on the "spare" list.

This ministry is always in need of additional persons to consider offering their service to the parish through the proclamation of the Word. Being on the spare list allows flexibility for those ministers who are unable to commit to a regular spot, as well as affording a pool of substitute ministers as vacancies arise.

All ministers of the Word were generous with their time when the request for lectors/moderators went out for the myriad needs during the Triduum and the extra Masses over Christmas. Through their generosity of service, the Parish benefitted greatly from the prayerfully proclaimed readings.

The parish provides a Sunday Missal to each minister to enable their prayerful preparation of their readings. Workbooks for Lectors have been ordered for those ministers who request one; these are paid for by each individual.

It has been a challenge regarding getting the schedule out in a timely fashion due to the requests for replacements for various ad hoc vacancies. I continue to be on call to assist for last minute help in finding a replacement (this is meant to be only in short-notice requirements due to unforeseen circumstances).

All ministers are to be commended for their dedication to this ministry. Their prayerful preparation and commitment to the schedule, as well as to stepping up to fulfill short-notice vacancies is a wonderful example of the Christian spirit. The parish is very well-served by their contribution to our liturgies.

It is a great honour to serve the parish in this ministry. Thank you.

Marilyn Olsen
Coordinator, Lector Ministry
23 October 2015

e. Liturgical Decorating

I spent \$845.00 between January and Thanksgiving, leaving \$755.00 in the budget from now until Christmas.

I've consulted with Father Shroff throughout the year on when and how he wished to see mostly floral decor reflect the importance or significance of our feasts etc. More recently I've consulted with Alma.

I am hoping to find an assistant who will be willing to help with decor at Easter, Christmas and in between as well. I have worked thus far with my family members and quite a few youth group members and Debbie Duval who will no longer be assisting with this ministry. My family and youth group members will continue to help at Christmas and Easter as they are able to.

Many parishioners expressed how pleased they were with the liturgical decor at Christmas, Easter and Pentecost but the choir, seated as it is beneath the crucifix where much of the floral decor tends to be, has found that there have been too many flowers so I will reduce the numbers somewhat this Christmas.

- The large Nativity scene has been set up (thank you to Cliff Siebel and the Knights of Columbus) in front of the Adoration Chapel but this year we would like to leave the glass wall of the Chapel open, perhaps with a floral arrangement only.
- The Nativity will have a place of prominence where it will be seen immediately as parishioners enter the church. It will be placed in the corner where the water dispenser is. The water dispenser, blue box and garbage will be moved to the wall of the cloak room.
- Other adjustments will be necessary such as replacing the large cardboard painting of the stable with a smaller backdrop.

Quite a few figures in the Nativity are broken or collapsing and need to be attached to trees in order to remain standing, each year. I would like to look into purchasing a new set for the parish, either before or after this Christmas, depending on whether the budget allows for it or not.

Adele Pierce

f. Music Ministry

The Good Shepherd Music Ministry continued to operate well this year. We are always looking for new members, especially any instrumentalists who are able to accompany an individual cantor, or choir.

Last Christmas, a couple of our choir microphones began to fail, and so we purchased two new ones to replace them.

Going forward, the Ministry continues to operate on the strength of its long-standing and dedicate volunteers and we are looking forward to another great year!

Steve Chow

g. Sacristans

We are now operating with eight sacristans on a regular basis. These 8 prepare for and serve some 365 regularly scheduled Masses and the set up and service for Veneration of the Blessed Sacrament every Friday Morning.

In addition they prepare for and serve at funerals - 11 last year.

Another duty is to assist at Wedding rehearsals and then set up and serve at the actual Wedding. There were 7 Weddings last Year.

We also continue to prepare for and assist at any extraordinary services such as Holy Week, additional Masses at Christmas, weekly Mass at Amica Retirement Residence, Retreats and school Masses, etc.

Another important task is the cleaning and polishing of sacred vessels, cleaning and repairing of Altar linens and the upkeep of vestments.

All this is done in an effort to provide a prayerful environment for the parishioners and to assist our priest, Father Shroff and other visiting priests throughout the year.

Douglas Campbell

h. Usher Ministry

The Usher Ministry has been once again blessed with a great group of volunteers who have helped out with many functions at Good Shepherd during the past year. From Easter Vigil, Christmas Masses, Parish BBQ and Confirmation Mass, I've always been able to rely on the Ushers to step in when and where needed.

Though a few members have had to step aside this past year we still have a healthy group of 20 plus volunteers, but could always use some extra help.

I would also like to thank the Knights who continue to help out with the parking each year during Christmas and Easter. Working together we always seem to get the job done.

May God continue to bless this Ministry with great volunteers to allow us to keep our parish flourishing.

Dennis Rideout

8. Marriage Preparation

Marriage Preparation 2015 was very successful. Four couples attended the course. They found that the tools they received from the course and for their approaching marriage were practical and valuable. In different ways, each individual hopefully adopted a new understanding of our Catholic Faith, with some of the couples telling us that they were committing to making permanent and positive faith changes during their engagement and for their marriage.

We have 6 engaged couples already registered for the 2016 course, which begins in January. Updated information is on the parish website and on the diocesan website.

Marriage enrichment (very similar format etc to marriage prep) course for the parish - investigation and planning underway in order to present to Parish Council in 2016.

Adele and Adrian Pierce

9. Pastoral Care

Presently our team consists of twelve members.

We have an active team at the parish who meet once every couple of months to review our activities as well as receive any updates. We communicate parish needs weekly via email and telephone to ensure the daily pastoral needs of the parish and community are being carried out

We carry out all of the Pastoral care needs in the parish which include visiting the sick and shut ins as well as our hospitals in the area.

We visit seniors homes and assist with Mass once a week where our people are actively involved as well as our parish Priest and/or Deacon.

We also visit with seniors at the request of their family to sit and chat and many times just to listen.

We deliver communion to all those in need and to those who cannot come to church on their own. When possible, we provide a drive for those who cannot drive themselves, whether it be to church or to a store.

We provide outreach to those who need it in the parish and community. We volunteer at local shelters as well as ensure food is delivered to the food banks.

We are presently preparing for a Vespers Service and an anointing of the sick mass in the months to come

All people who are interested in Pastoral Care require a Pastoral Care course which is offered in Ottawa. You have to attend once a week for twelve weeks. It is a very informative course.

As well police checks are quite frequent as you can imagine because of the vulnerability of the folks we work with.

I am delighted to have been given the opportunity to serve as lead for the pastoral care team

Thanks

Sharon Rideout

10. Responsible Ministry 2015

Approximately 40% of our volunteers give their time to multiple ministries. This is all well and good but what this can result in is burnout. On the other hand I support and encourage as many parishioners to be part of a ministry, a great opportunity to feel more a part of our parish family and make new friends.

This past year, yes we were sad to see many of our volunteers step down, at the same time we welcomed many new ones.

Every volunteer is required to complete a Time and Talent form and depending on the ministry of choice there are 3 levels of completion.

- A lector would require the basic information, a child lit lead would require to provide 3 references and the highest level would require a police check.
- These steps along with recommendations from the ministry heads are necessary steps prior to being part of that ministry and I can tell you it makes my job much easier.

I thank each and every one who participates in any of our ministers and I encourage each and every one to invite others to do the same.

Respectfully Submitted

Hilary Als

11. Sacramental Preparation -Fall 2014-Fall 2015

The Sacramental Preparation team consists of Charity Corbett, Sarah MacDonald-McLean, Donna Dunham, Angela Dale, Jennifer MacMurdo and Gillian Keenan. As a team we work to prepare children for First Holy Communion and Reconciliation and Confirmation.

Last year there were 51 children who were prepared to receive the Sacrament of Confirmation. (Forty nine were Confirmed at Good Shepherd, two received the Sacrament at Divine Infant.) The students were expected to attend six classes. The classes were conducted on either Saturdays prior to 5pm Mass or Sundays following the 11:15 Mass. Charity and Sarah led these classes with support from others to lead small group sessions. Reports from participating students were positive. Many of those who were in the preparation program joined the parish youth group. Archbishop Prendergast Confirmed the students at Good Shepherd on Thursday May 21st.

There were a total of 66 students who registered for the Sacraments of Reconciliation and First Communion. One withdrew and one continues to receive special preparation classes and will receive her Sacraments in the near future. That means 63 students received their Sacraments. The six preparation classes were conducted either on Sunday mornings (the children exited the 11:15 Mass) or on a weeknight. Four classes were on Sunday and two were on a weeknight. The weeknight classes were for parents as well. Father Shroff gave a powerful talk on the gift of the Mass to both parents and children for one of these sessions and Nick Ali spoke to the parents for the other session. The Sacrament of Reconciliation was celebrated on Thursday, April 16th and the children received their First Holy Communion at one of the three Masses over April 18th and 19th.

Gillian Keenan

12. Good Shepherd Widows and Widowers Friendship Group

This report covers the period July 2014 to August 2015. The Group provides an opportunity for the widows and widowers in the congregation to develop new friendships and obtain informal support. The Group is not a bereavement group, as the members have no special training in that area, but a chance to socialize with people who understand what you have gone through, and are going through. We miss those we loved who are no longer with us and we are grateful for having loved them but they would not want us to sit at home alone and mourn. Often widows and widowers feel awkward and uncomfortable when they choose to start doing things as a single person, sometimes after decades of being a couple, and the Group offers an opportunity to participate in activities where they don't feel like a fifth wheel or a burden to their relatives.

There are currently 13 active members. One of the original members, Germana Brunke passed away in July 2014. An outgoing lady, Germana was active in the parish, particularly looking after the plants, and is missed.

The Group holds regular monthly meetings on the third Tuesday of each month at 6:00 p.m. in the social space and generally has at least one social activity a month. The highlight last year was a two night trip in November to Toronto on the train to see the new aquarium and take in a theatrical production by the Famous People Players. Other activities included:

- two movie and lunch outings to see "The Hundred-Foot Journey" and "The Second Best Exotic Marigold Hotel",
- attending the Ambassador Brass Trio Event at the Shenkman Centre,
- a visit to the Japanese Embassy on Sussex Drive to see the Ohara School of Ikebana exhibit,
- an outing to see the Front and Centre classic film event "Oklahoma" at the Silver City theatre,
- a picnic lunch at Petrie Island, and
- a trip to Morrisburg for lunch at the McIntosh Country Inn and a matinee performance of "Touch and Go" at the Upper Canada Playhouse

Members made an effort to eat together at two events organized by the church, the Knights of Columbus Shrove Tuesday supper and the CWL's Family Day chili supper.

Activities this year have included dinner and a movie "The Intern" as well as a surprise Grandma-to-be shower for one of our members who is going to be a Grandma for the first time. Plans for the upcoming year include an overnight trip to Montreal.

The Group continued its support of the Miriam Centre contributing \$160 to the organization this year.