

Sixth Sunday in Ordinary Time February 12, 2017

*We turn to God, our rock and our stronghold,
seeking justice, truth and grace.*

SHROVE TUESDAY SUPPER – The Knights of Columbus will be hosting a Pancake supper on Shrove Tuesday, February 28th from 5:00 – 8:00 pm. The cost is \$5.00 per person or \$15 for a family. Tickets will be sold after the masses the weekends of February 18/19 & 25/26th. You can also purchase tickets at the door on the 28th.

WIDOW & WIDOWERS FRIENDSHIP GROUP - The Good Shepherd Widows and Widowers Friendship Group is holding its regular monthly meeting on **Tuesday, February 21, 2017, at 1:30 p.m. in the social space.** Please note that the following month, the meeting will not be held on the third Tuesday of the month but the third Wednesday, on March 15, 2017, at 1:30 pm. The Group offers friendship and informal support to widows and widowers in the congregation and is not a bereavement group. New members are always welcome. For more information about the group, please contact Pauline Canning at (613) 824-1104 or Debbie Arcand at (613) 830-9875.

BIBLE STUDY - Touching the Mysteries: Scripture and the Rosary The Spring session of the Good Shepherd Bible study will focus on the biblical stories that provide background for the mysteries of the rosary. The 5-week series is available on Monday evenings at 7:30 pm April 17 - May 15 and is also offered on Wednesday mornings at 10 am April 19 - May 17.

Application forms are available at the back of the church. Please sign up by March 15. For further information email gsbiblestudy@rogers.com

Pilgrim People God's people have always been sojourners, pilgrims on a journey, open to God's call and direction - from Abraham & Sarah, the Exodus, the Exile, to Jesus' exhortation "Come, follow me." The 5-week summer session of the Good Shepherd Bible study will be offered on Monday evenings at 7:30 pm May 29 - June 26 and also on Wednesday mornings at 10 am May 31 - June 28. Application forms are available at the back of the church. Please sign up by March 15. For further information email gsbiblestudy@rogers.com

Pilgrimage to Washington DC (open to all parishioners):

Rev. Waldemar Podlasz, SDS of Divine Infant Parish, will be leading a Knights of Columbus sponsored Pilgrimage to Washington, DC departing Ottawa on April 25, 2017 for 4-days. Sites to include: Saint John Paul II National Shrine, Basilica of the National Shrine of the Immaculate Conception, Franciscan Monastery of the Holy Land in America, Ukrainian Catholic National Shrine of the Holy Family and St. Mary's Church (Lancaster, PA). Fare starting at \$670 CAD per person, double occupancy, passport required. Details and registration is available on-line at <http://booking.ezgroupsoftware.com/GCT/public/booking/53/book.do>. Contact Grand Knight David Hnatiw at [613-620-1196](tel:613-620-1196) for more information or to register. Deadline for registration is February 15, 2017.

Spiritual Adoption Program:

I am now five weeks old and already my heart has been beating for a week. My heart is an amazing muscle. Even though I am only ¼ of an inch long my arms and legs are forming. It is more important than ever to pray because many babies my age are in grave danger of being aborted.

Offering for February 5, 2017

Sunday Envelopes:	\$ 3310.00
PAC/Visa/MC	\$ 2780.00
Loose:	\$ 823.00
Total Collection:	\$ 6913.00

Associate Pastor's Corner

True virtue is an expression of what is inside a person, what comes from the heart, what comes from real conviction and the desire to love. Sin and virtue, what is good, and what is not good, are essentially matters of the heart. And it is from the perspective of the heart that a Christian should assess them, should assess him or herself. So, we should not be content merely to look at the surface of our lives, at our words and deeds, we must have the courage to search our hearts. We need to look at what is going on inside us, at our thoughts, intentions, motivations, attitudes.

When considering our sins - which should be a regular practice among us - we need to consider not only what we do but also what is buried deep within us, our resentments, jealousies, angers, hatreds, prejudices, lusts. Sins of the heart are the ground from which come our external sins. From within a person, from the heart come the sins of murder, fornication, envy, and so on.

From a spiritual point of view one of the worst things you can say about a person is that he or she has a cold heart or a hard heart. To be cold-hearted is to be unable to show kindness, understanding, sympathy. To be hard-hearted is even worse. It means that one is unable to show pity, mercy, forgiveness. For all their outward piety, the Pharisees were hard-hearted. That's why they hated Jesus; he showed them what was in their hearts. On the other hand, to call someone warm-hearted is to acknowledge that they are capable of goodness, kindness, tenderness, pity, compassion, mercy. Their actions come from what is in their hearts, they show the virtue of love.

When all is said and done it is the heart that matters, it is what is within that reveals itself in a truly Christian life. The heart is what I am deep down. It is the real me. What is in the heart will out, what is deep within will make itself known. The state of the heart will deeply affect how I live. God bless you.

On June 17, 2016, the Canadian government legalized "assisted suicide," which it dubbed "Medical Assistance in Dying" or MAID. The provinces were to incorporate this newly legal process into their respective healthcare systems. While most provinces created a process to provide MAID without compromising the healthcare provider's conscience, the Ontario government chose another route: forcing physicians to perform the lethal procedure themselves or obliging them to make an effective referral to a physician who would. Doctors who believe that their profession involves saving human lives and not taking them, and who thus refuse to perform the procedure, are often told that they should seek to pursue a career outside of the medical field. The *Coalition for HealthCARE and Conscience* is fighting back to protect the conscience rights of Ontario's physicians. They have just launched a new website and encourage all Canadians who are concerned with this issue to visit the site and sign a petition in defence of the conscience rights of our medical doctors. The website can be accessed at: canadiansforconscience.ca. Note that euthanasia is contrary to Catholic teaching and is explicitly condemned in the *Catechism of the Catholic Church*: "Whatever its motives and means, direct euthanasia consists in putting an end to the lives of handicapped, sick, or dying persons. It is morally unacceptable. Thus an act or omission which, of itself or by intention, causes death in order to eliminate suffering constitutes a murder gravely contrary to the dignity of the human person and to the respect due to the living God, his Creator. The error of judgment into which one can fall in good faith does not change the nature of this murderous act, which must always be forbidden and excluded" (CCC #2277).

INTENTIONS

Saturday, February 11 – Sixth Sunday in Ordinary Time

5:00 pm †Cletus & Alice Downey req by the family
†Ron McIsaac req by David Roach
Deceased members of the Pereira family

Sunday, February 12 - Sixth Sunday in Ordinary Time

9:00 am For Our Parishioners
11:15 am †Bobby Sweeney req by the family
†Champaben Nanavati req by the Nanavati family
Intention of the McMullan family req by the Jaz family

Monday, February 13 – Sixth Monday in Ordinary Time

9:00 am †Fr. Joe James CSsR req by Mary MacDonald

Tuesday, February 14 – Memorial, St. Cyril, Monk and St. Methodius, Bishop

9:00 am †Gerard Cheverier req by June & family

Thursday, February 16 – Sixth Thursday in Ordinary Time

9:00 am †Leonardo Paulozza req by the Pilon family

Friday, February 17 – Sixth Friday in Ordinary Time

9:00 am †Kelvin Ramsaran req by Jennifer Ramsaran

Saturday, February 18 – Seventh Sunday in Ordinary Time

5:00 pm †Alice McEntire req by Sean & Anna May O'Carroll
†Marty Layug req by Marilou Storie & family

Sunday, February 5 –Seventh Sunday in Ordinary Time

9:00 am For Our Parishioners
11:15 am †Petras Brikis req by Stase Danaitis
Please pray for our sick; Michael Nortey, Lorna Kennedy, Ann Delage, Dominique Duma, Ester Ropero, Adrian Ropero, and John MacDonald.

Please pray for our deceased, including, Bruce McMullan, Brian Boucher and Ann Delage, that they may be received into God's love.

Retreats for healing after abortion: March 3-5 2017 This retreat is designed to help men and women experience post abortion healing and the compassion of God. **Rachel's Vineyard** weekend retreats are a beautiful opportunity for any person who has struggled with an abortion. For information contact Lynda or Terry 613-806-5522 or rvr_ottawa@yahoo.ca

MONTHLY PRO-LIFE MASS: To pray for the establishment of a Pro-life Centre in Ottawa. **Sat., Feb. 25, 10:00 a.m.** at The Good Shepherd Parish, 3092 Innes Rd. Info: (613-831-2515); (wandawoj@rogers.com).

PRO LIFE CORNER

Over 300 preborn children lose their lives daily in Canada due to surgical abortion and in Ontario abortion costs are around 50 million per year. In today's Gospel Matthew 5:21 we hear these words "You have heard how it was said to our ancestors, you shall not kill; and if anyone does kill he must answer for it before the court." Let us pray for those who participate in the killing of unborn children that they will find it in their heart to convert from this mortal sin.