

## **Fifth Sunday in Ordinary Time February 5, 2017**

*God asks us to be the salt of the earth and light  
for the world's darkness.*

Will you be my valentine? **CWL General meeting is Tuesday February 7<sup>th</sup>** at 7:30. We will be enjoying some Valentine themed games, come out and have fun....bring a friend

**Do you love to cook or bake?** - ALPHA needs your support! Part of the ALPHA evangelization program involves sharing a meal with the participants **each week**. If you enjoy cooking or baking and would like to support our ALPHA program by contributing to the meal menu please contact: [alan1.dunham@gmail.com](mailto:alan1.dunham@gmail.com). Each week we require main dishes, salads and desserts. Financial donations are welcome as well. Thank you for your support!

Your ALPHA TEAM

**PERMANENT DIACONATE – INFO:** Is the Lord calling you to the Permanent Diaconate? Come and discover what the diaconate is about. Catholic men in the Archdiocese are invited; married men are encouraged to come with their wives. To attend, contact Deacon Michael Seath (613-324-0007); ([mseath@archottawa.ca](mailto:mseath@archottawa.ca)). 4 info sessions: **Sat., Feb. 25, 9:00 – 11:00 a.m.**, St. George Parish, 425 Piccadilly; **Thurs., Mar. 2, 7:00 – 9:00 p.m.**, St. Isidore Parish, 1135 March Rd.; **Wed., Mar. 8, 7:00 – 9:00 p.m.**, Good Shepherd Parish; **Mon., Mar. 13, 7:00 - 9:00 p.m.** St. Augustine Parish, 1060 Baseline.

**BIBLE STUDY - Touching the Mysteries: Scripture and the Rosary** The Spring session of the Good Shepherd Bible study will focus on the biblical stories that provide background for the mysteries of the rosary. The 5-week series is available on Monday evenings at 7:30 pm April 17 - May 15 and is also offered on Wednesday mornings at 10 am April 19 - May 17. Application forms are available at the back of the church. Please sign up by March 15. For further information email [gsbiblestudy@rogers.com](mailto:gsbiblestudy@rogers.com)

**Pilgrim People** God's people have always been sojourners, pilgrims on a journey, open to God's call and direction - from Abraham & Sarah, the Exodus, the Exile, to Jesus' exhortation "Come, follow me." The 5-week summer session of the Good Shepherd Bible study will be offered on Monday evenings at 7:30 pm May 29 - June 26 and also on Wednesday mornings at 10 am May 31 - June 28. Application forms are available at the back of the church. Please sign up by March 15. For further information email [gsbiblestudy@rogers.com](mailto:gsbiblestudy@rogers.com)

**Used palm branches** – Please begin to bring in old blessed palm branches from previous Palm Sundays to be burned to make the ashes for Ash Wednesday. Ash Wednesday this year is on March 1st. Please bring your palm branches to the church by February 19th and place them at the back of the church or bring them to the Sacristy. Thank you!

## Offering for January 29, 2017

Sunday Envelopes:	\$ 3270.00
PAC/Visa/MC	\$ 2780.00
Loose:	\$ <u>481.00</u>
Total Collection:	\$ 6531.00

Our total financial requirements are approx. **\$8,000** per week to support our approx. **\$2,000** a week mortgage payment. **Thank you for your generous weekly support of Good Shepherd Parish. A new contributor** – Simply fill out the PAC contribution form at the back of the church and drop it in the collection basket in a sealed envelope marked “PAC Form – Confidential”. Your contribution will automatically be withdrawn from your bank account or applied to your credit card semi-monthly or monthly as you wish. **To increase your contribution** – Please contact the office

### Pastor's Corner

In today's Gospel, we read one of the more famous passages from the Sermon on the Mount. “You are the salt of the earth,” Our Lord says to His disciples. “You are the light of the world.” We should not let our salt lose its taste, nor our light be extinguished. These images of salt and light are taken from common, everyday experience. We all know instinctively what salt is for and why light is absolutely necessary. Jesus uses these images to teach us about our life as disciples of the Lord.

Elsewhere in the Gospel, Our Lord tells His disciples that it is by their love that the world will come to know (and believe in) God and in the mission of Jesus Christ. Love expresses itself in various ways, one of which we have been hearing a great deal this past year in the Church: through acts of mercy. The Church teaches that there are two types of works of mercy: corporal and spiritual. Corporal works of mercy are a response to a physical need or lack. They involve taking care of a person's bodily needs (clothing the naked, feeding the hungry, visiting the sick, burying the dead, etc.) Spiritual works of mercy are geared more directly to a person's soul and their eternal salvation (instructing the ignorant, admonishing sinners to repentance, comforting the afflicted, forgiving offences, etc).

Man is composed of body and soul. He has needs and requirements in both these aspects. Mercy involves seeing such a need and responding generously, even if it costs us something – sometimes, more than we would like to give.

Jesus teaches us that if we wish truly to be His disciples, then we must respond to the needs and sufferings of others. We cannot be like the Levite in the parable of the Good Samaritan who simply passed by the man who lay almost dead by the roadside. We are called to exercise acts of mercy and love, which bring the Flavour and the Light of Christ into the world. In doing so, we truly become salt of the earth and light of the world.

We need not seek complete strangers or go to far-away lands to exercise such acts of mercy; we can and should do them in our own homes, schools, workplaces...and especially in our parish community. It is by such acts of Christian Charity that others will see the truth of the Gospel lived out to the fullest and will themselves come to believe in Christ as the Way, the Truth, and the Life.

### Spiritual Adoption Program:

I am continuing to grow and develop with each day. I now have 40 pairs of muscles. Thank you for the prayers that give me hope and peace in my mother's womb.

## **INTENTIONS**

### **Saturday, February 4 – Fifth Sunday in Ordinary Time**

9:00 am †Douglas Snell req by Shirley Snell  
5:00 pm †Leonidas & Carmelina Ropero req by the family  
Special Intentions for Ferdin John  
Mass of Special Intentions req by a Parishioner  
†Anna & Marion Folak req by Pat & Ted Penkala

### **Sunday, February 5 –Fifth Sunday in Ordinary Time**

9:00 am Mass of Thanksgiving for Father Shroff and Father Greg  
req by the Pittson family  
†Ron McIsaac req by Bernie & family  
Mass of Thanksgiving req by J-C Dubuisson  
11:15 am For Our Parishioners

### **Monday, February 6 – Memorial St. Paul Miki & Companions, Martyrs**

9:00 am Special Intentions req by a Parishioner

### **Tuesday, February 7 - Fifth Tuesday in Ordinary Time**

9:00 am †Albert Lawrence req by the family

### **Thursday, February 9 – Fifth Thursday in Ordinary Time**

9:00 am †Cecilia Rose req by Brian & Cecilia McCrann

### **Friday, February 10 – Memorial, St. Scholastica, Virgin**

9:00 am Mass of Thanksgiving req by the Sy family

### **Saturday, February 11 – Sixth Sunday in Ordinary Time**

5:00 pm †Cletus & Alice Downey req by the family  
†Ron McIsaac req by David Roach  
Deceased members of the Pereira family

### **Sunday, February 12 - Sixth Sunday in Ordinary Time**

9:00 am For Our Parishioners  
11:15 am †Bobby Sweeney req by the family  
†Champaben Nanavati req by the Nanavati family

*Please pray for our sick;* Michael Nortey, Lorna Kennedy, Ann Delage, Dominique Duma, Ester Ropero, Adrian Ropero, and John MacDonald.

*Please pray for our deceased,* that they may be received into God's love.

**DISCUSSION ON PALLIATIVE CARE:** Notre-Dame Cathedral Basilica Parish Hall, 385 Sussex Dr. Sat., Feb. 18. Dr. Jose Pereira, Palliative Care Physician on “Merely Mortal”, 9:00 – 11:00 a.m. Michel G. MacDonald, Executive Director, COLF on *Euthanasia or Benemortasia? Living and Dying Well*, 11:00 a.m. – 12:00 p.m.

**ULTIMATE DATE NIGHT:** Sanctifying Families presents a Couples' Dinner on **Sat., Feb. 11, 6:30 p.m.** at Senhor Santo Cristo Parish, 1100 Kenaston, Gloucester. Guest speaker: Bishop Christian Riesbeck CC. Tickets: \$35/couple. Advance registration required: ([www.sanctifyingfamilies.ca](http://www.sanctifyingfamilies.ca)). Info: Theresa or Cheryl ([sanctifyingfamilies@gmail.com](mailto:sanctifyingfamilies@gmail.com)); (613-821-9932).

### **PRO LIFE CORNER**

Let us pray that we do not lose our Christian identity, that our attachment to Christ expresses itself in good works, especially in defending human life in all its stages and that God will enable our nation to restore equal protection to the lives of children still in their mothers' wombs.